



Feeding babies

Bottle feeding, breast feeding and weaning

Introduction:

BCoT nursery supports all parents in their chosen method of feeding their baby from bottle feeding to weaning in line with NHS guidelines. We will work with parents to ensure that their wishes are carried out while their child is at nursery.

Formula milk feeding:

BCoT nursery follows the NHS guidelines and advice on preparing and storing formula milk

Procedures:

- The nursery will clean and sterilise all bottles daily and store them until needed
- Parents will provide formula milk in its original container with their child's name and the date the container was opened written on the container
- Staff will ensure that the formula milk is in date at all times
- Formula milk will be stored in accordance with the instruction on the container
- Staff will prepare the formula milk in accordance with the instructions on the container.
- Formula milk will be prepared and used at each feeding time, any leftover milk in the bottle after a feed will be disposed of within the hour
- Prepared milk will not be heated in the microwave

Breast feeding:

BCoT nursery follows the NHS guidelines and advice on storing and providing breast milk for infants.

Procedures:

- The nursery will clean and sterilise all bottles daily and store them until needed.
- Parents will provide expressed breast milk in a sterilised container or special milk storage bags with their child's name, as well as the date and time the milk was expressed written on the bag.
- The expressed breast milk will be stored in a clearly labelled container in the fridge, for five days, or in the freezer for up to six months
- The NHS guidelines and advice for storing, thawing and heating breastmilk will be followed.
- Expressed breast milk will not be heated in the microwave
- Any leftover breast milk in the bottle after a feed will be disposed of within the hour

Weaning:

BCoT nursery will work with the parents to follow their method of weaning their child and offer advice if required.

Procedures:

- The nursery will follow whatever weaning processes that the parents use including puree, lumpy, finger food and baby led weaning.
- All equipment (bowls, spoons etc) will be cleaned and sterilised before use until parents inform the nursery that they no longer sterilise equipment for their child.

The nursery receives a visit from the Environmental Health annually and currently hold a Food Hygiene Rating of 5 – Very good
Updated January 2023